



**CENTRAL FLORIDA**  
**DREAMPLEX**  
**ORDINARY SPORTS FOR EXTRAORDINARY PEOPLE**

Date \_\_\_\_\_

**I. Please help us better understand your child with special needs**

Child's name \_\_\_\_\_ Grade \_\_\_\_\_ Age \_\_\_\_\_ M F

Child lives with: \_\_\_both parents \_\_\_mother \_\_\_father

guardian \_\_\_\_\_

Father's/Guardian's name \_\_\_\_\_ Cell # \_\_\_\_\_

Mother's/Guardian's name \_\_\_\_\_ Cell # \_\_\_\_\_

Primary Parent/Guardian's Email Address: \_\_\_\_\_

Child's **primary health concerns** we should be aware of:

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**2. CARE NEEDS**

VISION: \_\_\_Typical \_\_\_Impaired \_\_\_Blind

HEARING: \_\_\_Typical \_\_\_Impaired \_\_\_Deaf \_\_\_Hearing Aid

MOTOR: \_\_\_Head control \_\_\_Rolls over \_\_\_Sits \_\_\_Crawls \_\_\_Walks

USES: \_\_\_Walker \_\_\_Crutches \_\_\_Braces \_\_\_Wheelchair

Please describe any special positioning needs your child may have: \_\_\_\_\_

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**3. CAN COMMUNICATE WITH OTHERS USING:**

Speech: \_\_\_Words \_\_\_Phrases \_\_\_Sentences \_\_\_Babbles \_\_\_Gestures \_\_\_Sign

Language

\_\_\_Other (describe): \_\_\_\_\_

CAN UNDERSTAND WHAT OTHERS SAY: \_\_\_All the time \_\_\_Most of the time \_\_\_Some of the time

\_\_\_Recognizes voices of family members.

**ALLERGIES:** (Drugs, Food, Other) \_\_\_\_\_

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**4. EATING HABITS:** Feeds self by using: \_\_\_spoon \_\_\_fork \_\_\_hands \_\_\_Requires feeding

\_\_\_Bottle fed \_\_\_Drinks from cup: \_\_\_with assistance \_\_\_by self

Special Diet: \_\_\_\_\_

**5. TOILETING SKILLS:**

- Toilets independently
- Currently being potty trained
- Requires catheterization
- Diapers:  Cloth  Disposable
- Potty trained, needs assistance
- Frequency/Schedule: \_\_\_\_\_

How does your child indicate a need to use the toilet? \_\_\_\_\_

Indicate special toileting needs/schedule: \_\_\_\_\_

**6. BEHAVIOR:** (check all that apply)

- Shy  Outgoing
- Plays alone  Plays in groups
- Adapts to new situations well
- Adapts to new situations with difficulty
- Responds to correction well
- Responds to correction with difficulty
- Is sometimes destructive
- Sometimes threatens others
- Sometimes hits, bites, or hurts self/others
- Sometimes attempts to run away
- Hyperactive and/or ADD

My child responds to separation from his/her parents by: \_\_\_\_\_

My child is best comforted by: \_\_\_\_\_

My child lets someone know what he/she wants or needs by: \_\_\_\_\_

What type of play activities does your child enjoy and/or participate in? \_\_\_\_\_

My child becomes upset when/or does not enjoy: \_\_\_\_\_

Are there any additional concerns not already addressed: \_\_\_\_\_

SIGNED: \_\_\_\_\_ DATE: \_\_\_\_\_

*Parent or Guardian*



## Emergency Release Form

In the event of a serious accident or illness with my child \_\_\_\_\_, and I cannot be reached, I hereby authorize the school to contact the physician or dentist and for those professionals listed below to provide protected health information.

| Physician / Dentist Name | Phone Number | Address |
|--------------------------|--------------|---------|
|                          |              |         |
|                          |              |         |

In the event of an EMERGENCY I, \_\_\_\_\_ understand that the Central Florida Dreamplex will call the 911 Emergency Medical System immediately. To expedite care I give my permission for the school to provide medical information to the responding emergency team to initiate treatment, and transport to the nearest appropriate facility. I give my permission for the appropriate medical personnel and staff to initiate treatment upon arrival to the appropriate facility. I request to be notified of my child’s condition and admission as soon as possible. If I cannot be reached, I request that the admitting facility notify one of the other persons listed of my child’s condition and admission. I agree to be financially responsible for my child’s treatment and transport.

I have reviewed the above information and give permission to:

- Call Doctor
- Call 911
- Ride in Ambulance if needed
- Treat

My Emergency Contacts if I am not available in order of who to call first is:

| Last Name | First Name | Relationship | Phone Number |
|-----------|------------|--------------|--------------|
|           |            |              |              |
|           |            |              |              |
|           |            |              |              |
|           |            |              |              |

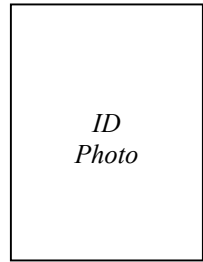
\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Parent’s Name



**CHILD CARE ASTHMA/ALLERGY  
ACTION CARD**



Name: \_\_\_\_\_

Grade: \_\_\_\_\_ DOB: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone (H): \_\_\_\_\_ (W): \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone (H): \_\_\_\_\_ (W): \_\_\_\_\_

Other Contact Information: \_\_\_\_\_

Emergency Phone Contact #1 \_\_\_\_\_  
Name

Relationship \_\_\_\_\_ Phone

Emergency Phone Contact #2 \_\_\_\_\_  
Name

Relationship \_\_\_\_\_ Phone

Physician Child Sees for Asthma/Allergies: \_\_\_\_\_

Phone: \_\_\_\_\_

Other Physician: \_\_\_\_\_

Phone: \_\_\_\_\_

**DAILY ASTHMA/ALLERGY MANAGEMENT PLAN**

- **Identify the things that start an asthma/allergy episode**

(Check each that applies to the child)

— Animals — Bee/Insect Sting — Chalk Dust — Change in Temperature

— Dust Mites — Exercise — Latex — Molds

— Pollens — Respiratory Infections — Smoke — Strong Odors

— Food: \_\_\_\_\_

— Other: \_\_\_\_\_

Comments: \_\_\_\_\_

- **Peak Flow Monitoring** (for children over 4 years old)

Personal Best Peak Flow reading: \_\_\_\_\_

Monitoring Times: \_\_\_\_\_

- **Control of Child Care Environment** (List any environmental control measures, pre-mediations, and/or dietary restrictions that the child needs to prevent an asthma/allergy episode.) \_\_\_\_\_

• **Daily Medication Plan for Asthma/Allergy**

|   | Name | Amount | When to Use |
|---|------|--------|-------------|
| 1 |      |        |             |
| 2 |      |        |             |
| 3 |      |        |             |
| 4 |      |        |             |

**OUTSIDE ACTIVITY AND FIELD TRIPS** The following medications must accompany child when participating in outside activity and field trips:

|   | Name | Amount | When to Use |
|---|------|--------|-------------|
| 1 |      |        |             |
| 2 |      |        |             |
| 3 |      |        |             |

## ASTHMA EMERGENCY PLAN

Emergency action is necessary when the child has symptoms such as \_\_\_\_\_

or has a peak flow reading at or below \_\_\_\_\_

### • Steps to take during an asthma episode:

1. Check peak flow reading (if child uses a peak flow meter).
2. Give medications as listed below.
3. Check for decreased symptoms and/or increased peak flow reading.
4. Allow child to stay at child care setting if: \_\_\_\_\_  
\_\_\_\_\_
5. Contact parent/guardian
6. Seek emergency medical care if the child has any one of the following:

- No improvement minutes after initial treatment with medication.
- Peak flow at or below \_\_\_\_\_.
- Hard time breathing with:
  - Chest and neck pulled in with breathing.
  - Child hunched over.
  - Child struggling to breathe.
- Trouble walking or talking.
- Stops playing and cannot start activity again.
- Lips or fingernails are gray or blue.

***IF THIS  
HAPPENS, GET  
EMERGENCY  
HELP NOW!***

- **Mouth/Throat:** itching & swelling of lips, tongue, mouth, throat; throat tightness; hoarseness; cough
- **Skin:** hives; itchy rash; swelling
- **Gut:** nausea; abdominal cramps; vomiting; diarrhea
- **Lung\*:** shortness of breath; coughing; wheezing
- **Heart:** pulse is hard to detect; "passing out"
- \*If child has asthma, asthma symptoms may also need to be treated.

### • Emergency Asthma Medications:

|   | Name | Amount | When to Use |
|---|------|--------|-------------|
| 1 |      |        |             |
| 2 |      |        |             |
| 3 |      |        |             |
| 4 |      |        |             |

### • Special Instructions:

\_\_\_\_\_  
\_\_\_\_\_

## ALLERGY EMERGENCY PLAN

• **Child is allergic to:** \_\_\_\_\_

### • Steps to take during an allergy episode:

1. If the following symptoms occur, give the medications listed below.
2. Contact Emergency help and request epinephrine.
3. Contact the child's parent/guardian.

### • Symptoms of an allergic reaction include:

(Physician, please circle those that apply)

### • Emergency Allergy Medications:

|   | Name | Amount | When to Use |
|---|------|--------|-------------|
| 1 |      |        |             |
| 2 |      |        |             |
| 3 |      |        |             |
| 4 |      |        |             |

### • Special Instructions:

\_\_\_\_\_  
\_\_\_\_\_

Physician's Signature

Date

Parent/Guardian's Signature

Date

Child Care Provider's Signature

Date



**Medication Administration Authorization Form**

The policy is medication will only be administered if it has been prescribed by a qualified medical practitioner, is in it's original container and I have a signed permission form with directions.

I, \_\_\_\_\_, authorize \_\_\_\_\_  
 (Parent's name) (Care provider's name)

to administer \_\_\_\_\_ to my child \_\_\_\_\_  
 (Medication) (Child's name)

with the following instructions:

Dosage:

\_\_\_\_\_

Time(s):

\_\_\_\_\_

Special Instructions (ie: on full/empty stomach, etc.) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Possible Side Effects: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  
 Parent Signature

\_\_\_\_\_  
 Date

Time and date administered:

| Date | Time | Provider Initials |
|------|------|-------------------|
|      |      |                   |
|      |      |                   |
|      |      |                   |
|      |      |                   |

# MY SEIZURE PLAN

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_  
Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
1st Emergency Contact: \_\_\_\_\_ Relation: \_\_\_\_\_  
Phone(s): \_\_\_\_\_ Email: \_\_\_\_\_  
2nd Emergency Contact: \_\_\_\_\_ Relation: \_\_\_\_\_  
Phone(s): \_\_\_\_\_ Email: \_\_\_\_\_

## SEIZURE INFORMATION

| Seizure Type/Nickname | What Happens | How Long It Lasts | How Often |
|-----------------------|--------------|-------------------|-----------|
|                       |              |                   |           |
|                       |              |                   |           |
|                       |              |                   |           |
|                       |              |                   |           |

## TRIGGERS

\_\_\_\_\_  
\_\_\_\_\_

## DAILY SEIZURE MEDICINE

| Medicine Name | Total Daily Amount | Amount of Tab/Liquid | How Taken (time of each dose and how much) |
|---------------|--------------------|----------------------|--|
|               |                    |                      |  |
|               |                    |                      |  |
|               |                    |                      |  |
|               |                    |                      |  |
|               |                    |                      |  |

## OTHER SEIZURE TREATMENTS

Device Type: \_\_\_\_\_ Model: \_\_\_\_\_ Serial#: \_\_\_\_\_ Date Implanted: \_\_\_\_\_  
Dietary Therapy: \_\_\_\_\_ Date Begun: \_\_\_\_\_  
Special Instructions: \_\_\_\_\_  
Other Therapy: \_\_\_\_\_

# MY SEIZURE PLAN

## SEIZURE FIRST AID

- Keep calm, provide reassurance, remove bystanders
- Keep airway clear, turn on side if possible, nothing in mouth
- Keep safe, remove objects, do not restrain
- Time, observe, record what happens
- Stay with person until recovered from seizure
- Other care needed: \_\_\_\_\_

## WHEN SEIZURES REQUIRE ADDITIONAL HELP

| Type of Emergency<br>(long, clusters or repeated events) | Description | What to Do |
|--|-------------|------------|
|  |             |            |
|  |             |            |
|  |             |            |

## “AS NEEDED” TREATMENTS (VNS magnet, medicines)

| Name | Amount to Give | When to Give | How to Give |
|------|----------------|--------------|-------------|
|      |                |              |             |
|      |                |              |             |
|      |                |              |             |

## CALL 911 OR SEEK EMERGENCY MEDICAL ATTENTION IF ...

- Generalized seizure longer than 5 minutes
- Two or more seizures without recovering between seizures
- “As needed” treatments don’t work
- Injury occurs or is suspected, or seizure occurs in water
- Breathing, heart rate or behavior doesn’t return to normal
- Unexplained fever or pain, hours or few days after a seizure
- Other care needed: \_\_\_\_\_

## HEALTH CARE CONTACTS

Epilepsy Doctor: \_\_\_\_\_ Phone: \_\_\_\_\_  
Nurse/Other Health Care Provider: \_\_\_\_\_ Phone: \_\_\_\_\_  
Preferred Hospital: \_\_\_\_\_ Phone: \_\_\_\_\_  
PCP or Other Doctor: \_\_\_\_\_ Phone: \_\_\_\_\_  
Pharmacy: \_\_\_\_\_ Phone: \_\_\_\_\_

**SPECIAL INSTRUCTIONS:** \_\_\_\_\_  
\_\_\_\_\_

**My signature** \_\_\_\_\_ **Provider signature** \_\_\_\_\_ **Date** \_\_\_\_\_



Revised April 2010

## Parent School Health Information

### Too Sick for School Guidelines

When should your child stay home from school and when should parents be called to pick up their child from school?

Children sent to school when they are sick cannot concentrate on content being taught in the classroom. Teachers are concerned with the health and safety issues of all children, but their main objective is to provide the best education for the children. If a teacher has to concentrate on taking care of a sick child in the classroom, this takes away valuable educational time. When there is a clinic on campus, this clinic is to maintain your child for a short period of time only. When a parent is notified their child is not well it is the parents responsibility to pick up the child within an hour. It is best practice to keep your child at home when he/she complains of feeling sick. Please remember to always provide current home, work and emergency telephone numbers where you may be reached in the event your child is sick and needs to come home. If you do not have a home or work phone we need the number of a relative or neighbor that can contact you when necessary. We understand parents must work, but arrangements need to be made for someone to pick up your child in the event of illness at school. If a child becomes very ill at school and the parents cannot be reached it may become necessary to call 911 to take the child for medical attention at parent expense.

1. A runny nose is the way many children respond to pollen, dust, chalk, or simply change of season. If it isn't a common cold, then it is possibly allergies and allergies are not contagious. The child should not miss school unless the allergic responses are severe enough to cause respiratory difficulty. Parents should send an adequate supply of tissues for the child to use during the day.
2. A bad cold or cold symptoms can indicate a severe cold, bronchitis, flu or even pneumonia. Some children may be unfortunate enough to suffer one cold after the other during the season and a common cold should not be a reason to miss school. However, good hand washing techniques, and covering the mouth and nose when coughing and sneezing should be taught and encouraged by parents as well as school personnel. Tissues should be sent to school for the child to use during the day. If the child is not acting as usual, has difficulty breathing or is becoming dehydrated, it could be serious and a visit to the child's doctor is highly recommended. Rest and plenty of fluids are always encouraged.

3. Diarrhea and vomiting make children very uncomfortable, and being near a bathroom becomes a top priority. If a child has one episode of diarrhea or vomiting, does not have a temperature and no other episode occurs the child may stay in school. However, if there are repeated episodes of either diarrhea or vomiting the child should be picked up by the parent. If the child has diarrhea and vomiting, accompanied by fever, a rash or general weakness, consulting the child's doctor is highly recommended. If any of these symptoms are present before school the parent should not send the child to school. A child can easily become dehydrated and malnourished when diarrhea and vomiting persist and can lead to a very serious, life-threatening situation for the child.

IF A SICK CHILD IS TAKEN TO THE DOCTOR, PLEASE REQUEST A NOTE FROM THE DOCTOR STATING THAT HE/SHE MAY RETURN TO SCHOOL. THIS NOTE SHOULD ALSO INCLUDE DIET RESTRICTIONS AND ANY LIMITATIONS THAT MAY BE NECESSARY.

4. An elevated temperature of 100° or above is an important symptom, when it occurs along with a sore throat, an earache, nausea, listlessness, or a rash the child may be carrying something contagious. Students with a fever greater than 100° may not return to school until fever free for 24 hours **without** fever reducing medicine.
5. Strep throat and Scarlet fever are two highly contagious conditions caused by a Streptococcal (bacterial) infection, the two conditions usually are recognized by a sore throat and high fever, a rash will also appear. A child with either Strep throat or Scarlet fever should be kept at home. A parent will usually take a child to the doctor for these conditions and the parent should request a medical release for the child to return to school.
6. Chicken Pox, a viral infection is not life threatening to most children, but it is very uncomfortable and extremely contagious. The child may have a fever, is itching and begins to have pink or red spots (with watery fluid centers) on the back, chest, and or face; the chances are it is chicken pox. Please notify the school if your child is diagnosed with chicken pox. It is very important that schools are made aware because some children have low functioning immune systems and chicken pox could be life threatening for them. The child with this illness should be kept at home for at least one week from the first time symptoms appeared and at least two days after the last spot appeared, whichever period is longer. The rash spots should be dry and scabbed over before returning to school.
7. Measles (Rubeola) is a viral infection that attacks a child's respiratory system, causing a dry hacking cough, general weakness, red inflamed eyes and fever. If these symptoms appear, the child should be kept at home and seen by the

child's physician immediately to prevent more serious complications. If it is a doctor confirms it is a case of measles, please notify the school so we can be alert for the symptoms in other children. The measles rash of tiny hard bumps will appear on the child's face, behind the ears and down the body. Your child's doctor must report this disease to the local Health Department. The doctor will usually advise the parents to keep the child at home several days after the rash has disappeared. WITH PROPER IMMUNIZATIONS WE HOPE THIS DISEASE WILL NO LONGER BE A PROBLEM FOR CHILDREN.

8. Conjunctivitis or pink eye is highly contagious and uncomfortable, so be aware that if your child complains of eyes burning, itching and produces a whitish discharge, the eyelashes may be matted together upon arising in the morning from sleep. Minor cases (caused by virus) and severe cases (caused by bacteria) require treatment with eye drops prescribed by the doctor. Please request the doctor provide a medical release for the child to return to school.
9. Ear infections are also contagious and, unless properly treated can cause permanent hearing damage and loss. This condition should have a doctor's evaluation. Antibiotics are usually ordered and the child should be without discharge from the ear and fever for 24 hours before returning to school. It is best to ask the doctor for a release for the child to return to school.
10. Mites and lice once brought into the home or school can quickly produce an epidemic of itching and scratching. Mites are tiny insects in the same class as spiders and ticks; they irritate the skin and cause scabies. Lice are tiny parasites (like ticks) that thrive on warm, damp scalps of children and adults. Caution your child and family members against sharing anyone's comb brush, clothes, helmets, hats, caps, scarves, or any other personal item. If your child or family member becomes a host to mites you will need to consult your physician. If it is a situation with head lice you may check with the doctor, local Health Department. Your child's school has information available for treating a head lice problem. Lice cannot survive longer than 48 hours away from the human host.

LAKE COUNTY SCHOOLS HAS A NO NIT POLICY, SO IF YOUR CHILD HAS LICE, HE/SHE MAY NOT RETURN TO SCHOOL UNTIL ALL LICE AND NITS ARE REMOVED.

11. Scabies is usually treated with a medication ordered by the doctor. Please ask the doctor for a release for when the child may return to school.



**MEDIA CONSENT FORM AND RELEASE FOR MINOR CHILDREN**

I am the parent/guardian of \_\_\_\_\_ (print full name of child) ("My Child"). I hereby grant The Central Florida Dreamplex LLC, , and their agents the absolute right and permission to use photographic portraits, pictures, digital images or videotapes of My Child, or in which My Child may be included in whole or part, or reproductions thereof in color or otherwise for any lawful purpose whatsoever, including but not limited to use in any Central Florida Dreamplex LLC publication or on the Central Florida Dreamplex LLC websites, without payment or any other consideration.

I hereby waive any right that I may have to inspect and/or approve the finished product or the copy that may be used in connection therewith, wherein My Child's likeness appears, or the use to which it may be applied.

I hereby release, discharge, and agree to indemnify and hold harmless the Central Florida Dreamplex LLC, and their agents from all claims, demands, and causes of action that I or My Child have or may have by reason of this authorization or use of My Child's photographic portraits, pictures, digital images or videotapes, including any liability by virtue of any blurring, distortion, alteration, optical illusion, or use in composite form, whether intentional or otherwise, that may occur or be produced in the taking of said images or videotapes, or in processing tending towards the completion of the finished product, including publication on the internet, in brochures, or any other advertisements or promotional materials.

I represent that I am at least eighteen (18) years of age and am fully competent to sign this Release.

**THIS IS A RELEASE OF LEGAL RIGHTS.  
READ IT CAREFULLY AND BE CERTAIN YOU UNDERSTAND IT BEFORE SIGNING**

**(Both parents, if possible)**

**PLEASE CHECK ONE OF THE BOXES BELOW THEN SIGN YOUR NAME(S)**

- CONSENT: We/I hereby certify that We/I are/am the parent(s) or guardian(s) of the above named child and do hereby give our/my consent without reservation to the foregoing on behalf of My Child.
- NON---CONSENT: We/I hereby certify that We/I are/am the parent(s) or guardian(s) of the above named child and do **not** hereby give our/my consent without reservation to the foregoing on behalf of My Child.

\_\_\_\_\_  
(Guardian's Signature)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Guardian's Printed Name)

\_\_\_\_\_  
(Primary Phone Number)

