

SUN	MON	TUE	WED	THU	FRI	SAT
1 	2 DREAMPLEX CLOSED CHECK WITH YOUR THERAPIST FOR RESCHEDULING	3	4	5 LITTLE DREAMERS 8:15-9:00 AM YOGA 10:45-11:30 AM	6	7 2023 CLINIC SERIES TRACK & FIELD 9:00 AM-12:00 PM Montverde Academy Track Facility
8	9 CARDIO BOXING 6:15-7:00 PM ZUMBA 7:15-8:00 PM	10 DRAMA/SOCIAL 4:30-5:30 PM DRAMA/SOCIAL 5:30-6:30 PM CHEERLEADING 6:00-7:00 PM STRETCH & TONE 7:15-8:00 PM	11 ZUMBA 9:30-10:15 AM JUDO 5:30-6:15 PM	12 LITTLE DREAMERS 8:15-9:00 AM YOGA 10:45-11:30 AM TAE KWON DO - A 6:30-7:15 PM TAE KWON DO - B 7:15-8:00 PM	13	14
15	16 CARDIO BOXING 6:15-7:00 PM ZUMBA 7:15-8:00 PM	17 DRAMA/SOCIAL 4:30-5:30 PM DRAMA/SOCIAL 5:30-6:30 PM CHEERLEADING 6:00-7:00 PM STRETCH & TONE 7:15-8:00 PM	18 ZUMBA 9:30-10:15 AM JUDO 5:30-6:15 PM	19 LITTLE DREAMERS 8:15-9:00 AM YOGA 10:45-11:30 AM TAE KWON DO - A 6:30-7:15 PM TAE KWON DO - B 7:15-8:00 PM	20	21
22	23 CARDIO BOXING 6:15-7:00 PM ZUMBA 7:15-8:00 PM	24 DRAMA/SOCIAL 4:30-5:30 PM DRAMA/SOCIAL 5:30-6:30 PM CHEERLEADING 6:00-7:00 PM STRETCH & TONE 6:15-7:00 PM	25 ZUMBA 9:30-10:15 AM JUDO 5:30-6:15 PM	26 LITTLE DREAMERS 8:15-9:00 AM YOGA 10:45-11:30 AM TAE KWON DO - A 6:30-7:15 PM TAE KWON DO - B 7:15-8:00 PM	27	28
29	30 CARDIO BOXING 6:15-7:00 PM ZUMBA 7:15-8:00 PM	31 DRAMA/SOCIAL 4:30-5:30 PM DRAMA/SOCIAL 5:30-6:30 PM CHEERLEADING 6:00-7:00 PM STRETCH & TONE 6:15-7:00 PM	ZUMBA 9:30-10:15 AM JUDO 5:30-6:15 PM	LITTLE DREAMERS 8:15-9:00 AM YOGA 10:45-11:30 AM TAE KWON DO - A 6:30-7:15 PM TAE KWON DO - B 7:15-8:00 PM		

Mon-Fri: 8am - 6pm
Sat & Sun: Closed
Mon, Tues, Thurs Evenings: Open for Classes Only

