

JULY 2025



CLERMONT
2400 S. Hwy. 27, Suite B201
Clermont, FL 34711

SUN	MON	TUE	WED	THU	FRI	SAT
		1 ZUMBA 10:30-11:15 AM CHEER PRACTICE 5:00-6:00 PM (Time change - today only) DANCE MOVEMENT 6:15-7:00 PM STRETCH & TONE 7:15-8:00 PM	2	3 YOGA 10:45-11:30 AM TAE KWON DO 6:30-7:15 PM	4 ★★HAPPY★★ <i>Independence</i> ★★DAY★★ DREAMPLEX CLOSED	5
6	7 ART 6:00-7:00 PM CARDIO BOXING 7:15-8:00 PM	8 DANCE MOVEMENT 6:15-7:00 PM STRETCH & TONE 7:15-8:00 PM	9	10 YOGA 10:45-11:30 AM TAE KWON DO 6:30-7:15 PM	11 BASKETBALL CLINIC 6:00-7:00 PM Real Life - Gym Registration Required 	12 Adaptive Water Skiing 8:00 AM-2:00 PM Registration Full
13	14 ART 6:00-7:00 PM CARDIO BOXING 7:15-8:00 PM	15 ZUMBA 10:30-11:15 AM DANCE MOVEMENT 6:15-7:00 PM STRETCH & TONE 7:15-8:00 PM	16	17 YOGA 10:45-11:30 AM TAE KWON DO 6:30-7:15 PM	18	19 TACO FUNDRAISER Green Valley Country Club Clermont, FL 12:00-2:00 PM (Ask the front desk for more info!)
20	21 ART 6:00-7:00 PM CARDIO BOXING 7:15-8:00 PM	22 ZUMBA 10:30-11:15 AM DANCE MOVEMENT 6:15-7:00 PM STRETCH & TONE 7:15-8:00 PM	23	24 YOGA 10:45-11:30 AM Gather for Good 5:30-7:30 PM YOUR NEIGHBORHOOD FOR AN ETHIC IDEAL TAE KWON DO 6:30-7:15 PM	25	26
27	28 ART 6:00-7:00 PM CARDIO BOXING 7:15-8:00 PM	29 ZUMBA 10:30-11:15 AM DANCE MOVEMENT 6:15-7:00 PM STRETCH & TONE 7:15-8:00 PM	30	31 YOGA 10:45-11:30 AM TAE KWON DO 6:30-7:15 PM		

Mon-Fri: 8am - 6pm
Sat & Sun: Closed
Mon, Tues, Thurs Evenings: Open for Classes Only

www.cfldreamplex.com **352-394-0212**



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