

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	<p>4</p> <p>GYMNASTICS (BEG) 5:30-6:15 PM</p> <p>GYMNASTICS (ADV) 6:15-7:00 PM</p> <p>ZUMBA* 7:15-8:00 PM</p>	<p>5</p> <p>CHEERLEADING 6:15-7:00 PM</p> <p>STRETCH & TONE 7:15-8:00 PM</p>	<p>6</p> <p>ZUMBA WITH ISAAC* 5:30-6:15 PM</p>	<p>7</p> <p>YOGA 10:45-11:30 AM</p> <p>TAE KWON DO - A 6:30-7:15 PM</p> <p>TAE KWON DO - B 7:15-8:00 PM</p>	8	9
10	<p>11</p> <p>GYMNASTICS (BEG) 5:30-6:15 PM</p> <p>GYMNASTICS (ADV) 6:15-7:00 PM</p> <p>ZUMBA* 7:15-8:00 PM</p>	<p>12</p> <p>CHEERLEADING 6:15-7:00 PM</p> <p>STRETCH & TONE 7:15-8:00 PM</p>	<p>13</p> <p>ZUMBA WITH ISAAC* 5:30-6:15 PM</p>	<p>14</p> <p>YOGA 10:45-11:30 AM</p> <p>TAE KWON DO - A 6:30-7:15 PM</p> <p>TAE KWON DO - B 7:15-8:00 PM</p>	15	16
17	<p>18</p> <p>GYMNASTICS (BEG) 5:30-6:15 PM</p> <p>GYMNASTICS (ADV) 6:15-7:00 PM</p> <p>ZUMBA* 7:15-8:00 PM</p>	<p>19</p> <p>CHEERLEADING 6:15-7:00 PM</p> <p>STRETCH & TONE 7:15-8:00 PM</p>	<p>20</p> <p>ZUMBA WITH ISAAC* 5:30-6:15 PM</p>	<p>21</p> <p>YOGA 10:45-11:30 AM</p> <p>TAE KWON DO - A 6:30-7:15 PM</p> <p>TAE KWON DO - B 7:15-8:00 PM</p>	22	<p>23</p>  <p>your absence is requested...</p>
24	<p>25</p> <p>GYMNASTICS (BEG) 5:30-6:15 PM</p> <p>GYMNASTICS (ADV) 6:15-7:00 PM</p> <p>ZUMBA* 7:15-8:00 PM</p>	<p>26</p> <p>CHEERLEADING 6:15-7:00 PM</p> <p>STRETCH & TONE 7:15-8:00 PM</p>	<p>27</p> <p>ZUMBA WITH ISAAC* 5:30-6:15 PM</p>	<p>28</p> <p>YOGA 10:45-11:30 AM</p> <p>TAE KWON DO - A 6:30-7:15 PM</p> <p>TAE KWON DO - B 7:15-8:00 PM</p>	29	30
31	<p>25</p> <p>GYMNASTICS (BEG) 5:30-6:15 PM</p> <p>GYMNASTICS (ADV) 6:15-7:00 PM</p> <p>ZUMBA* 7:15-8:00 PM</p>	<p>26</p> <p>CHEERLEADING 6:15-7:00 PM</p> <p>STRETCH & TONE 7:15-8:00 PM</p>	<p>27</p> <p>ZUMBA WITH ISAAC* 5:30-6:15 PM</p>	<p>28</p> <p>YOGA 10:45-11:30 AM</p> <p>TAE KWON DO - A 6:30-7:15 PM</p> <p>TAE KWON DO - B 7:15-8:00 PM</p>	29	30

Mon-Fri: 8am - 6pm
Sat & Sun: Closed
Mon, Tues, Thurs Evenings: Open for Classes Only



*To accommodate all who would like to participate, members may attend either Monday OR Wednesday each week, but not both

Monday's Zumba will also be offered virtually.
E-mail info@cfdreamplex.com to register