

Adult Athlete Code of Conduct
Adaptive Track & Field 2024-2025 Season

PLAYER:

I _____, will agree to the terms and conditions of the contract noted below:

- I agree to respect the coaches and volunteers. I will listen to the coaches/volunteers, who are trying to improve my skills.
- Always play in practices and games with good sportsmanship and respect for all players, coaches, parents, referees, and volunteers.
- I will try my hardest in all practices and games. I will have patience with myself, have a positive attitude even when the going gets tough. I realize that the sport is still a game that I can enjoy.
- I will attempt to attend and actively participate in every practice and event scheduled. If I cannot make it, I will inform my coaches.
- I understand that the coaches are the ones who make the decisions regarding line-ups, about who plays, and how much play time is given. I also realize that all players won't play the same number of quarters or games. Player will be respectful and supportive of the coaches' plans, decisions, and game strategies. I, the athlete, will speak directly with the coach and/or team director in a respectful manner at an appropriate time (not during practice or a game) in regards to my playing time.
- I agree to attempt to participate in fundraiser events to support the team.
- I realize that failure to comply with the above regulations will result in loss of competition time or suspension from athletic participation.