

DECEMBER 2024



CLERMONT
2400 S. Hwy. 27, Suite B201
Clermont, FL 34711

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 GYMNASTICS 6:15-7:00 PM CARDIO BOXING 7:15-8:00 PM	3 CHEERLEADING Class Full - No walk-ins 6:00-7:00 PM STRETCH & TONE 7:15-8:00 PM	4 ZUMBA 11:00-11:45 AM	5 YOGA 10:45-11:30 AM TAE KWON DO - A 6:30-7:15 PM TAE KWON DO - B 7:15-8:00 PM	6  6:30 PM-8:00 PM Registration Required	7
8	9 GYMNASTICS 6:15-7:00 PM CARDIO BOXING 7:15-8:00 PM	10 CHEERLEADING Class Full - No walk-ins 6:00-7:00 PM STRETCH & TONE 7:15-8:00 PM	11 ZUMBA 11:00-11:45 AM	12 YOGA 10:45-11:30 AM TAE KWON DO - A 6:30-7:15 PM TAE KWON DO - B 7:15-8:00 PM	13	14 SOCCER CLINIC 9:30 am- 10:30 am Montverde Academy Soccer Fields Registration Required 
15	16	17 STRETCH & TONE 7:15-8:00 PM  CITRUS TOWER CHRISTMAS SPECTACULAR 6:00 PM FREE TO ATTEND	18 ZUMBA 11:00-11:45 AM	19 YOGA 10:45-11:30 AM TAE KWON DO - A (MAKEUP) 6:30-7:15 PM TAE KWON DO - B (MAKEUP) 7:15-8:00 PM	20	21
22	23 GYMNASTICS 6:15-7:00 PM CARDIO BOXING 7:15-8:00 PM	24 CHEERLEADING Class Full - No walk-ins 6:00-7:00 PM STRETCH & TONE 7:15-8:00 PM	25  DREAMPLEX CLOSED	26 YOGA 10:45-11:30 AM TAE KWON DO - A 6:30-7:15 PM TAE KWON DO - B 7:15-8:00 PM	27	28
29	30 GYMNASTICS 6:15-7:00 PM CARDIO BOXING 7:15-8:00 PM	31 CHEERLEADING Class Full - No walk-ins 6:00-7:00 PM STRETCH & TONE 7:15-8:00 PM				

Mon-Fri: 8am - 6pm

Sat & Sun: Closed

Mon, Tues, Thurs Evenings: Open for Classes Only

www.cfldreamplex.com 352-394-0212



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